

# Falcon Cross Country Schedule 2023

<u>DATE</u>	<u>DAY</u>	<u>OPPONENTS</u>	<u>LOCATION</u>	<u>TIME</u>
April 18 <sup>th</sup>	Tues.	Plano ISD Middle Schools	Haggard MS Practice Meet	5:00 p.m. (Girls) 5:30 p.m. (Boys)
April 27 <sup>th</sup>	Thurs.	Plano ISD Middle Schools	Haggard MS Practice Meet	5:00 p.m. (Girls) 5:30 p.m. (Boys)
May 3 <sup>rd</sup>	Wed.	Plano ISD Middle Schools	Haggard MS Practice Meet	5:00 p.m. (Girls) 5:30 p.m. (Boys)
May 10 <sup>th</sup>	Wed.	Plano ISD Middle Schools	Haggard MS City Meet	5:00 p.m. (Girls) 5:30 p.m. (Boys)

Cross Country Meets are very short. Bus transportation is provided to and from the meets. However, you may sign out after you are finished running with a parent. Girls will run first, and boys will start shortly after. Make sure to be well hydrated before every cross country meet. Temperatures can be a little warm at this time of the year!

